

2009 – 2010 CCS ATHLETIC HANDBOOK

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INTRODUCTION

Athletics are a significant part of the school experience at CCS, and, with other areas of life, are to glorify God. While schools exist primarily for academic training, athletics contribute much in areas of discipline, character training, and school spirit. We expect our students to model energetic participation as if participating “for the Lord”, as well as self-control and regard for others.

In keeping with our school motto, we value the benefits of physical training and exercise, while affirming the higher value of “training in godliness.” (1 Tim. 4:7, 8)

CHARACTER DEVELOPMENT

The following are character qualities we want all of our athletes to have.

Dependability – Be at all practices and contests unless excused by your coach. Fulfill what you said you would do even if it means unexpected sacrifice (Psalm 15:4).

Love – Be self-sacrificing and show real concern for your team members, your coach and your opponents without having personal reward as your motive (1 Cor. 13:3).

Enthusiasm – Express with your spirit an interest in every part of your sport and be glad to quickly carry out every part of the job (1 Thess. 5:16 & 19).

Punctuality – Be on time, never late. Show high esteem for other people and their time (Eccl. 3:1).

Faith – Demonstrate your awareness that God is in control of all circumstances and that you are committed to acting in harmony with His will (Heb. 11:1).

Humility – Demonstrate the awareness that your abilities and opportunities are gifts, not something you have done on your own (1 Cor. 7:7, Phil. 2:3 & 4).

Endurance – Develop the ability to persist in the presence of the stress, discouragement, and disappointment (Gal. 6:9).

Boldness – Be ready to boldly express what Jesus has done for you. A Christian athlete should not be timid or give up easily (Acts 4:29).

Gratefulness – Be quick to recognize the achievements of others and how they and God have helped you (1 Cor. 4:7).

Loyalty – Use the tough times as opportunities to demonstrate your commitment to God and to those He has called you to serve (John 15:13).

COMMITMENT TO ATHLETICS

Athletics at Clinton Christian School are a significant part of the total program of the school. Students' Christian witness and testimony can and should be exemplified through their participation.

Any worthwhile activity requires commitment. Athletics is no exception. The construction of facilities, the employment of personnel, and the organization of the schedules are very real commitments on the part of the school. Parents also commit time, money and energy toward athletics for their children. Commitment is also required from athletes.

Athletes are expected to maintain attitudes and behavior consistent with the goals of Clinton Christian School. Participation in athletics implies a commitment to responsible participation in the total life of the school.

ELIGIBILITY RULES

Eligibility is determined by a student's quarterly grade and is effective for the quarter following that period. This means that the fourth quarter in the spring is effective for fall eligibility. The requirements for eligibility are as follows:

1. Maintaining a 2.0 GPA and no failing grades will result in full eligibility.
2. Less than a 2.0 GPA or one failing subject will result in a probation status.
 - a. probation status lasts for four weeks and begins with the start of the new grading period. The students may participate while on probation.
 - b. The student must bring his/her grade to a 2.0 GPA and no failing grades during that period or be ineligible for the remainder of the quarter.
3. Receiving more than one failing mark will result in the student being ineligible for the full quarter.

Ineligible athletes may not practice or take part in contests during the period of ineligibility. During the quarter teachers may notify the Athletic Director if grades are below a 2.0 GPA. This will result in an immediate probationary period.

CODE OF CONDUCT

Student athletes are responsible to uphold the behavioral expectations of all students as outlined in the Parental Guidebook. Flagrant violation of school standards will result in a conference with the parents, student-athlete, coach, Principal and Athletic Director. The results of the conference will dictate athletic participation/suspension.

Athletes regularly anticipate specific conditions in competition and develop plays to meet those conditions. In a similar way, athletes should anticipate the emotional, mental, and spiritual challenges of competition and develop planned responses to those circumstances which will honor Christ. In this way, students not only grow in athletic skill, but also grow in godliness.

It will be the responsibility of each coach to provide student athletes with this handbook and any other guidelines for that particular sport. Athletes will be required to take this information home and share it with their parents. Athletes and parents must sign a commitment form and return it with the athletic medical release form and the physical examination form.

PHYSICAL EXAMINATION AND MEDICAL RELEASE FORM

For students who are participating in athletic competition, a yearly physical examination form and a medical release form must be completed and be on file at the school prior to his/her first practice. Forms are available from the school office.

ATHLETIC FEE

This fee will be utilized to maintain quality uniforms and equipment for the team. The fee will be \$25.00 per participant per sport. This fee must be paid at the beginning of each sport's season through the office. Participation in one contest eliminates the possibility of any refund, regardless of the reason.

REQUIREMENTS FOR PARTICIPATION

1. Physical examination form completed and on file.
2. Medical release form signed and on file.
3. Commitment form signed and on file.
4. Athletic fee.

PRACTICES

Practice sessions are specifically designated to sharpen skills. These skills cannot be applied in contest situations if attendance at practice sessions is not consistent. Students will participate in at least 10 practices before being eligible to play in a game. Practice schedules are announced at least two weeks in advance.

Students are required to wear acceptable, modest, sportswear. Attire comparable to team uniform is acceptable. Tight (biker shorts) or short shorts, bare midriff shirts or shirts with questionable messages are not permitted.

SCHOOL ATTENDANCE

Athletics are not first priority at CCS. Spiritual values and academics have a higher priority and must be considered first. Therefore, the following policies will be followed:

1. Students must be in school by 10:30 AM on the day of a practice or contest and must stay in school until school is dismissed. Attendance on Friday will be counted for Saturday contests and the day before a holiday break will be counted for holiday contests. Students arriving after 10:30 AM or leaving before school dismissal will not be allowed to participate in that evening's practice or contest.
2. Students are expected to be at school and not tardy the day following an athletic contest. Disciplinary action will be taken if this is not adhered to.

USE OF FACILITIES

Facilities are a significant provision and are to be treated with respect. Care must be taken to assure that the next group using the facilities finds them clean, well cared for and vacated on time. The following regulations are in force:

1. No student is permitted the use of any athletic facility at any time without the direct supervision of a staff member.
2. The use of any school athletic equipment must be cleared through the Athletic Director or the coach.
3. Restrooms, shower rooms, and playing areas should be left neat. Athletic equipment should be returned to its proper storage area.
4. Personal valuables are the responsibility of the student.

TEAM TRAVEL

Overnight Trips

Occasionally, scheduling dictates overnight athletic road trips. All provisions set forth in this handbook and in the parental Guide apply to overnight trips. Lodging will be arranged by the Athletic Director or the Coach. The only exception to staying in school arranged lodging is the possibility of staying with parents who have also made the road trip. Prior approval is required from the Athletic Director.

Transportation

All Athletic team members, managers and statisticians are required to travel to and from away contests in school provided or school sponsored transportation. The athlete must travel to and from a contest in the same vehicle.

At all away games if the van leaves the host school at nine o'clock or later there will be no stops made to eat on the way home.

Exceptions to team travel may be granted by the coach or the Athletic Director. Permission will be granted to allow the student to return home with his/her parents if a written request is received by the Coach or Athletic Director prior to the contest.

The intent of this policy is to enhance team unity and morale, and to allow coaches and administration to properly arrange for the transportation of teams, to provide a means to meet family emergencies and to properly account for every individual who is traveling.

ATHLETIC AWARDS POLICY

Trophies or plaques will be awarded to two team players in each varsity sport. In addition, one or two coach's awards will be given in each varsity sport.

Letters will be earned after having participated in half of the varsity games played during the entire season. Injury may be given special consideration.

Junior High:

Certificate of Participation

Junior Varsity:

Certificate of Participation

Varsity:

1st year - 6" chenille letter award and pin

2nd-3rd year - pin

4th year - pin and mug